

Seed Sowing Calendar

Plan a growing year on one page using the sowing times that apply where you garden, rather than a calendar printed for somebody else's climate.

A year of sowing on one page: one line per crop, with columns for sowing indoors, sowing outdoors, planting out and the first harvest. The dates are blank because they are yours to write in.

WHY THERE ARE NO DATES

No sowing dates are printed on this sheet, and that is deliberate. Timings depend on your climate, your altitude and your own first and last frosts, and a calendar printed for somewhere else is worse than a blank one. Take the timings from the seed packet and from growing guidance for your area, then write them here.

Garden, plot or allotment

Year

Last frost here, typically

First frost here, typically

Where those dates came from

Crop and variety	Sow indoors	Sow outdoors	Plant out	Harvest from	Notes
name on the packet	week or date	week or date	week or date		spacing, depth, where