

Pet Feeding and Weight Chart

Track weight against what the animal is actually being fed, so a change in one can be read against the other.

Weight and food on the same page. A single weighing says almost nothing; a column of them, taken the same way each time, is something a vet can use — and the grid on the second page turns the column into a line you can see.

SAME SCALES, SAME TIME, EVERY TIME

Weigh the same way every time — same scales, same time of day, and either always before food or always after it. A trend is only readable if the method does not change. No target weight is printed here, because a healthy weight depends on the animal and is your vet's call, not ours.

THE ANIMAL

Name	Species and breed	Date of birth	Neutered — date
Vet practice	Weight your vet is aiming for	Agreed on	

FOOD AS IT STANDS TODAY update this block whenever you change something

Food brand and type	Amount per day	Meals per day
Treats, chews and extras	Who feeds the animal	Measured with

WEIGHT RECORD one line per weighing

Date	Weight	Weighed where	Food and amount	Condition score	Notes
dd/mm/yy	kg / lb	vet? home scales?		if your vet gives one	

Plot it — one column per weighing, and write the scale up the side