

Track weight and condition across a year so seasonal gain is caught in spring rather than discovered in summer.

Weight tape or weighbridge readings over the year, with condition scored on the scale you use.

No target weight and no condition scale is printed. Equine condition scoring runs on more than one scale, and the right weight for a horse depends on its type, height and work. Write down which scale and which method you use, then keep to it — a record made half by tape and half by eye is not a trend.

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EQ-06 · 2026 edition · page 1