

Track rest as well as grazing, because the rest period is the part of rotational grazing that actually does the work and the part nobody records.

Which stock are on which paddock, when they came off, and how long it has rested since.

No stocking rates, rest periods or grass covers are printed. They depend on your ground, rainfall, species and system, and rotational grazing is a subject people disagree about in good faith. Write your own intended rest period at the top and record against it.

Holding	Year	Rest period you are aiming for	Recorded by
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[illegible]

Paddock	Stock and number	On	Off	Days grazed	Days rested since	Topped or harrowed	Condition on leaving