

Emergency Contact Sheet

Put the numbers somebody needs in one place, so a house-sitter, a babysitter, a visiting relative or a tenant is not searching for them at the worst moment.

The numbers somebody needs when something has gone wrong and you are not there. Fill it in, print it, and put it where it can be read without looking for it.

FILL IN EVERY LINE, INCLUDING THE OBVIOUS ONES

Every field is blank, including the emergency services number, because it differs by country. Fill it in for where this sheet will hang. A number you have to look up is not an emergency number.

THIS PROPERTY

Address		What3words or nearest landmark
Emergency services number here	Non-emergency police	

MEDICAL

Doctor	Number	Out of hours
Nearest hospital with an emergency department	Number	
Dentist	Pharmacy	

UTILITIES

Gas emergency	Electricity emergency	Water emergency
Heating engineer	Plumber	Electrician

PROPERTY

Landlord or agent	Number	Out of hours
Insurer	Policy number	Claims line

Alarm company	Account or passcode held by

PEOPLE

Next of kin	Relationship	Number
Second contact	Relationship	Number
Trusted neighbour	Number	Holds a key
Pets in the house	Who will take them	

SHUT-OFFS ARE ON THEIR OWN SHEET

Where the water, gas and electricity turn off is a separate sheet, because it needs space to describe a route rather than a number. Fill that one in as well and keep them together.