

Emergency Contact Sheet

Put the numbers somebody needs in one place, so a house-sitter, a babysitter, a visiting relative or a tenant is not searching for them at the worst moment.

The numbers somebody needs when something has gone wrong and you are not there. Fill it in, print it, and put it where it can be read without looking for it.

FILL IN EVERY LINE, INCLUDING THE OBVIOUS ONES

Every field is blank, including the emergency services number, because it differs by country. Fill it in for where this sheet will hang. A number you have to look up is not an emergency number.

THIS PROPERTY

Address

What 3 words or nearest landmark

Emergency services number here

Non-emergency police

MEDICAL

Doctor

Number

Out of hours

Nearest hospital with an emergency department

Number

Dentist

Pharmacy

UTILITIES

Gas emergency

Electricity emergency

Water emergency

Heating engineer

Plumber

Electrician

PROPERTY

Landlord or agent

Number

Out of hours

Insurer

Policy number

Claims line

Alarm company	Account or passcode held by

PEOPLE

Next of kin	Relationship	Number
Second contact	Relationship	Number
Trusted neighbour	Number	Holds a key
Pets in the house	Who will take them	

SHUT-OFFS ARE ON THEIR OWN SHEET

Where the water, gas and electricity turn off is a separate sheet, because it needs space to describe a route rather than a number. Fill that one in as well and keep them together.