

Keep your own record of dives made, in a layout that holds the detail an instructor or operator will ask about, including weight and conditions.

A RECORD, NEVER A PLAN

This is a record of dives you have made. It contains no dive tables, no depth or time limits, no ascent rates and no surface intervals, and it must not be used to plan a dive. Plan with your computer or tables, your training and your buddy. If anything here conflicts with your agency's own log requirements, theirs is the one that counts.

Diver	Certification and number	Agency	Sheet
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No.	Date	Site and country			Buddy	
Max depth	Avg depth	In	Out	Duration	Surface interval	Repetitive dive no.
Gas and mix	Start pressure		End pressure	Suit	Weight	Water temp
Visibility	Current and conditions			Entry type	Computer used	
Verified by — name and number				Signature		

DIVE

[illegible]